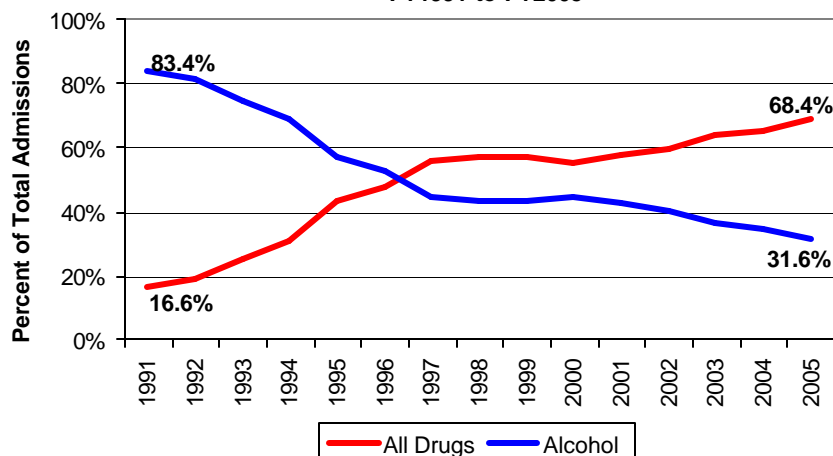




Alcohol and Other Drug Use

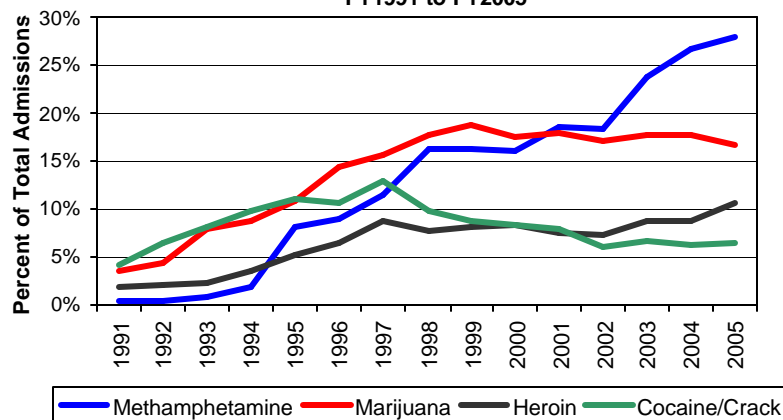
The percentage of patients entering treatment for illicit drug abuse/dependence has risen from 16.6% in 1991 to 68.4 in 2005. In fiscal year 1991, 83.4% of Utah patients came into treatment for help with alcohol dependence; in fiscal year 2005, that percentage fell to 31.6%.

Patient Admissions for Alcohol vs. Drug Dependence
FY1991 to FY2005



Methamphetamine is a significant contributor to the increase of illicit drug use. Prior to 1994, methamphetamine accounted for less than 1% of total treatment admissions. Methamphetamine surpassed marijuana as the illicit drug of choice for the first time in 1998. Today over 27% report methamphetamine as their primary substance of abuse.

Top Four Illicit Drugs of Choice by Year (Excluding Alcohol)
FY1991 to FY2005



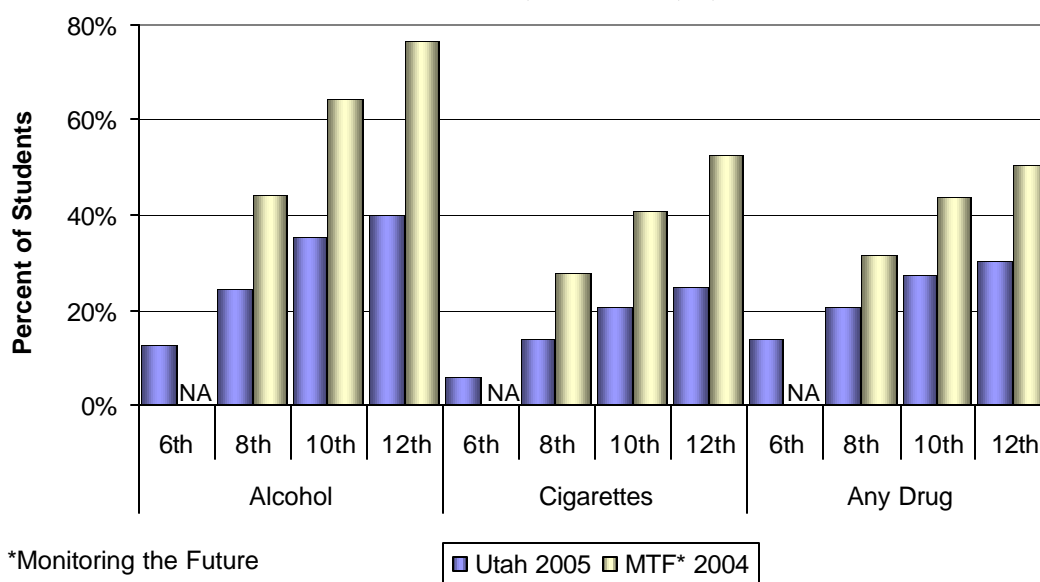
Quick Facts:

- The percentage of patients entering treatment for illicit drug abuse/dependence has risen from 16.6% in 1991 to 68.4% in 2005
- The percentage of patients entering treatment for methamphetamine has increased from less than 1% in 1991 to over 27% in 2005
- 21.0% of males reported methamphetamine as their primary substance of abuse in 2005, compared to 38.3% of females
- 20.5% of 12th grade students in Utah reported alcohol use in the past 30 days - the national rate is 48%
- 14% of 12th grade students in Utah reported any drug use in the past 30 days - the national rate is 22.6%

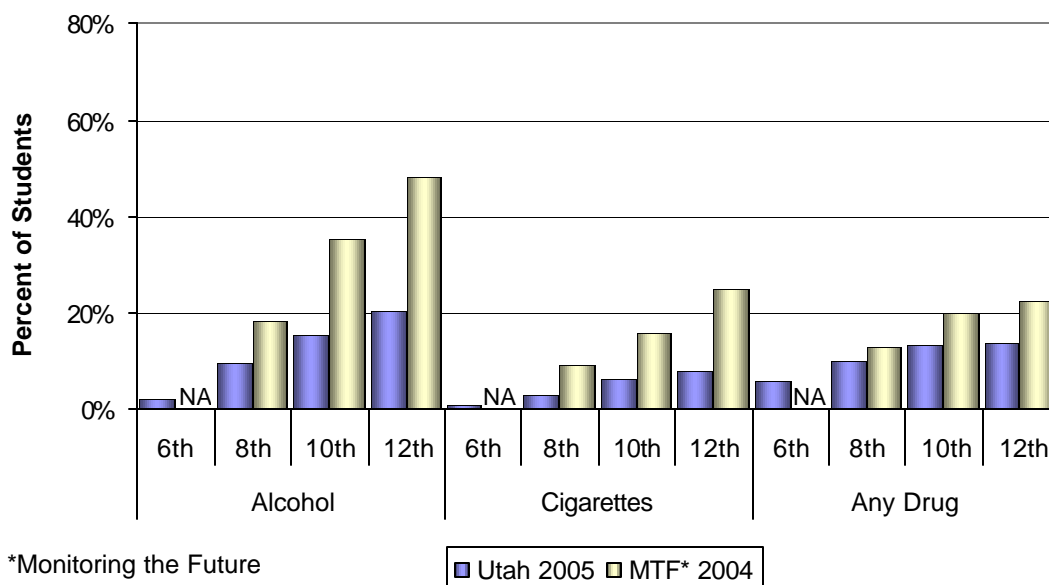
SHARP SURVEY

The Utah 2005 Prevention Needs Assessment Survey was conducted as part of the Student Health and Risk Prevention (SHARP) Statewide Survey. The survey was administered to students in grades 6, 8, 10, and 12 in 38 school districts across Utah. The survey was designed to assess adolescent substance use, anti-social behavior, and the risk and protective factors that predict these adolescent problem behaviors. Data obtained from the survey are utilized to identify key risk and protective factors for substance abuse, select science-based prevention programs that will reduce risk and increase protection, and measure progress in reducing substance use/abuse among Utah students. As depicted in the following charts, Utah's students use alcohol, tobacco, and other drugs at a rate far less than their national counterparts (Monitoring the Future Study). For more information on the SHARP survey, see dsamh.utah.gov/sharp.htm.

Lifetime Substance Use: Utah Use Compared to National Use, Grades 6, 8, 10 and 12



Past 30 Day Substance Use: Utah Use Compared to National Use, Grades 6, 8, 10 and 12



HIGHER EDUCATION NEEDS ASSESSMENT SURVEY

During spring of 2005, the Division of Substance Abuse and Mental Health conducted a second statewide survey of college students called the *Utah Higher Education Health Behavior Survey*; the first survey was conducted in spring 2003 with 4,658 participants. The 2005 survey was completed by a total of 11,828 students attending the nine Utah public colleges and Westminster College. The survey had several objectives, including assessing the prevalence of alcohol, tobacco, and other drug use on Utah campuses, measuring the need for substance abuse treatment by college students and measuring the levels of selected risk factors for substance abuse. The survey revealed the following:

- 72% of students under age 21 report it is very easy or sort of easy to get alcohol
- 30% gave someone else money to buy alcohol
- 49% of students report it is very easy or sort of easy to get marijuana
- 23% agree that drugs and alcohol are a normal part of life – 28% are neutral
- 10% need alcohol or drug treatment

Regarding peer attitudes and behavior, the survey found that college students have an inflated view of their peers' substance use:

- 40% of students believe that over 21% of their student peers used marijuana in the past year – only 9% actually used
- 55% of students believe that over 41% of their student peers drank alcohol in the past year – only 30% actually drank

Overall, for most substances, Utah students use at rates that are one-half to one-quarter the national rates. For the complete report, see dsamh.utah.gov/higher_ed.htm.

Past Year Substance Use

Substance	Utah 2003	Utah 2005	MTF* 2003
Cigarette	---	---	35.2
Alcohol	27.8	30.4	81.7
Marijuana	10.2	9.1	33.7
Hallucinogens	2.1	1.6	7.1
Cocaine	1.8	1.8	5.4
Inhalants	0.5	0.8	1.8
Stimulant	5.2	1.8	7.1
Sedatives	2.5	5.8	6.9**
Opiates	0.5	2.2	8.7
DXM	---	0.8	---
Ecstasy	1.9	1.5	4.4
Other Club Drugs	---	0.4	---
Any Drug	14.5	14.0	36

*Monitoring the Future Study

**MTF value for tranquilizers